

The **Family School Liaison Program (FSL)** is committed to helping students be successful in school by providing skills-focused short term counselling services.

- the program provides 8-12 sessions with a student and their family.
- The FSL program can provide: individual and/or family counseling (skills and strategies), presentations, crisis intervention, resources, and referrals.

#### **With Consent**

FSL Workers will work with the students and/or families who agree to receive services. The individual's guardian must provide written authorized consent.

#### **In Confidence**

All information disclosed during sessions will be confidential. Specific information will be provided outside of the family only when written authorization has been provided by a parent or guardian, except when the FSL Worker is legally required to report, or for the purposes of programming when it is deemed to be in the best interest of the child/youth.

There is **no fee** for this service. Funding for this program is provided, in part, through the Eastern Edge RCSD.

#### **School Success**

FSL Workers are directly involved with students and their parents in the following areas:

Homework	Study Skills
Motivation / Focus	Relaxation
Organization	Performance Anxiety
Problem Solving	

#### **Social Issues**

The FSL Program provides crisis intervention to students and/or their families. FSL Workers address issues with students and/or families that could include:

Anger management	Peer Relationships
Anxiety	Self Esteem
Stress Management	Parenting
Bullying Issues	Life Skills
Emotion Recognition	Grief and Loss
Relationships	Friendship Skills

#### **Advocates**

FSL Workers will support families and/or students to advocate for their needs.

#### **FSL Resources**

The FSL Worker can direct parents to resources in the community.



I would like to introduce myself; My name is Tammy Theisen, I reside in Lloydminster with my spouse Jason and I have been there for the majority of the last 27 years. I have two adult children; an son 28, and a daughter 24 who has blessed us with a beautiful granddaughter coming up on the age of 4.

I have been working in the field of Human Services for 25 years in different capacities. I have worked as an Educational Assistant, Family Community Support Worker, Addiction Counsellor, a Respite Worker and have a Counselling Practice. I graduated from Lakeland College with a Rehabilitation Services Diploma; VCCT with a diploma in Professional Counselling and I am currently working towards a Bachelor of Professional Arts in Human Services through Athabasca University. I have a Master Therapeutic Counselling Designation registered with Association of Cooperative Counselling Therapists (ACCT).

I look forward to building relationships with your and your school community.